

Can I go to the beach?

Yes! Some beaches and parks have now reopened in Los Angeles, but here are a few safety tips to keep in mind

Be careful with public areas and objects

Minimize what you need to touch by avoiding use of public bathrooms or beach showers



Protect your skin from the sun

Most of us have been mainly indoors for the past couple of months, so your skin will be more sensitive to the sun than usual

Don't sit in one spot

Beaches are mainly opened for active recreation, like walking, riding your bike, or swimming. Avoid sitting on the beach for a long period of time



Wear a mask or other facial covering

While it may be uncomfortable to wear while swimming, at least bring a mask to wear before and after entering the water

Visit your local beaches

There's always concern that you could be putting others in a new community at risk by bringing the virus with you, so stay local!

