Can I go to the beach?

Yes! Some beaches and parks have now reopened in Los Angeles, but here are a few safety tips to keep in mind.

Be careful with public areas and objects
Minimize what you need to touch by avoiding use of public bathrooms or beach showers.

Protect your skin from the sun
Most of us have been mainly indoors for the past couple of months, so your skin will be more sensitive to the sun than usual.

Don't sit in one spot
Beaches are mainly opened for active recreation, like walking, riding your bike, or swimming. Avoid sitting on the beach for a long period of time.

Wear a mask or other facial covering
While it may be uncomfortable to wear while swimming, at least bring a mask to wear before and after entering the water.

Visit your local beaches
There's always concern that you could be putting others in a new community at risk by bringing the virus with you, so stay local!

Sign a petition to protect the trails in the San Gabriel Mountains at www.apifm.org/protect-the-san-gabriel-mountains/