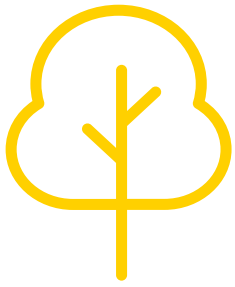


How to Hike Safely during COVID-19

More info: trails.lacounty.gov

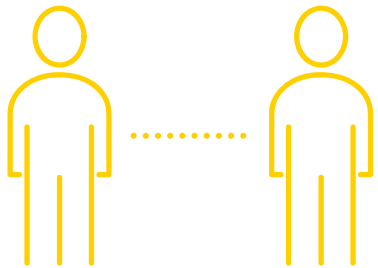


Don't go to a National Park

Most of these centers are closed as park staff are remaining at home to help prevent the spread of COVID

Keep your hikes local

This will minimize the distance that you are traveling and environments that you come in contact with.



No big group hikes

It is nearly impossible to maintain the 6-ft spacing recommended for social distancing if you are hiking in a large group

Go on off-times

Try to visit trails early during the weekdays. You are more likely to have fewer people around you, thus making it easier to maintain social distancing!



Hike wide trails

Look for wide, fire road style trails instead of single tracks. This will help maintain social distancing, while still being able to talk to your hiking buddy!



Sign a petition to protect the trails in the San Gabriel Mountains at www.apifm.org/protect-the-san-gabriel-mountains/

